

Monday 9/2/19		Tuesday 9/3/19		Wednesday 9/4/19		Thursday 9/5/19		Friday 9/6/19	
	½ c	WG Cheerios	½ c	WG English Muffin w/ Jelly	1,1	WG Cheerios	1/2c	WG Donuts	1
	½ c	Applesauce	½ c	Tropical Mixed Fruit	½ c	Mixed Fruit	½ c	Mandarin Oranges	½ c
	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
	1	Teriyaki Chicken	¾ c	Cheese Tortellini w/ sauce	¾ c	Pepper Steak	2 oz	Chicken Patty w/ mayo	¾ c
	¼ c	Oriental Blend Vegetable	¼ c	Peas and Carrots	¼ c	Carrot Coins	¼ c	Roasted Potato	¼ c
	¼ c	Apple	¼ c	Pineapple	¼ c	Banana	¼ c	Tropical Mixed Fruit	¼ c
	¼ c	Eggroll	1 ea	WG Roll	1	Brown Rice	1 ea	WG Burger Bun	1
	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
	1	WG Strawberry Chex	1	WG Gripz	1	Cheese & WW Crackers	1 ea	WG Orange	1
	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
9/9/19		9/10/19		9/11/19		9/12/19		9/13/19	
WG Kix	½ c	WG English Muffin w/ Jelly	1,1	WG Kix	½ c	WG Pancakes w/ Syrup	1,1	WG Biscuit w/Jelly	1, 1
Applesauce	½ c	Mixed Fruit	½ c	Tropical Mixed Fruit	½ c	Mixed Fruit	1 ea	Mandarin Oranges	½ c
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
Meatballs w/ Marinara	¾ c	WG Chicken Nuggets	4 ea	Grd Turkey& Beans, Let, & Tomato	2 oz	Macaroni & Cheese	2 oz	Beef Fajitas w/ pprs, onion	2 oz
Carrot Coins	¼ c	Broccoli & Cheese	¼ c	Mexican Corn	¼ c	Green Beans	¼ c	Corn & Peppers	¼ c
Peaches	¼ c	Apple	¼ c	Pineapple	1 ea	Banana	½ ea	Tropical Mixed Fruit	¼ c
WG HD Bun	1	WG Rolls	1	WG Flour Tortilla, T. Sauce	¼ c	WG Hawaiian Roll	1 ea	WG Flour Tortilla	¼ c
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
WG GoldFish	1	WG Cinnamon Sky Cookies	1	WG Chex Mix	1 ea	WG Animal Crackers	1	WG Cheez Its	1 ea
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
9/16/19		9/17/19		9/18/19		9/19/19		9/20/19	
Rice Krispies	½ c	WG English Muffin w/ Jelly	1,1	Rice Krispies	½ c	WG Bagel w/ Cream Cheese	1, 1	Biscuit w/Jelly	1, 1
Applesauce	½ c	Mixed Fruit	½ c	Tropical Mixed Fruit	½ c	Mixed Fruit	½ c	Mandarin Oranges	½ c
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
Lasagna Roll-Up w/Sauce	1	Beef Burger w/ ketchup	2 oz	Breaded Chicken	¾ c	Sloppy Joes	2 oz	Sliced Turkey Breast w/ Gravy	¾ c
Italian Blend Vegetable	¼ c	Tator Tots	¼ c	Broccoli, Peas, Pepper Strips	¼ c	Baked Beans	¼ c	Sweet Potatoes	1/4 c
Peaches	¼ c	Apple	¼ c	Melon	½ ea	Banana	¼ c	Tropical Mixed Fruit	¼ c
WG Hawaiian Rolls	1	WG Slider Bun	1 ea	Brown Rice, Sweet & Sour S	1 ea	WG Slider Bun	1	WG Roll	¼ c
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
WG Cinnamon Sky Cookies	1	WG Vanilla Wafers	1	Oranges	1	Gripz	1 ea	WG Strawberry Cookie	1
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
9/23/19		9/24/19		9/25/19		9/26/19		9/27/19	
WG Cheerios	½ c	WG English Muffin w/ Jelly	1,1	WG Cheerios	½ c	Yogurt w/granola	½ c	WG Biscuit w/Jelly	1, 1
Applesauce	½ c	Mixed Fruit	½ c	Tropical Mixed Fruit	½ c	Mixed Fruit	½ c	Mandarin Oranges	½ c
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
Goulash w/ Bowtie Pasta	3/4c	Salisbury Steak w/Gravy	2 oz	Chicken Fajitas, pprs, onion	2 oz	Meatballs w/Mushroom Sauce	2 oz	BBQ Chicken Thigh	2 oz
Snap Peas	¼ c	Mashed Potatoes	¼ c	Fiesta Corn	¼ c	Carrot Coins	¼ c	Collard Greens	¼ c
Peaches	¼ c	Apple	¼ c	Pineapple	¼ c	Banana	½ ea	Tropical Mixed Fruit	¼ c
WG Roll	1 ea	WG Hawaiian Rolls	1	WG Tortilla	1	WG Rolls	1 ea	WG Corn Muffin	1
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
WG Scooby Snacks	1	WG Spice Wildlife	1	Cheese & WW Crackers	1	Strawberry Yogurt Chex	1 ea	WG CheezIts	1
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c
9/30/19		10/1/19		10/2/19		10/3/19		10/4/19	
WG Cinnamon Toast Crunc	½ c	WG English Muffin	1,1	WG Cinnamon Toast Crunch	½ c	WG Bagel w/ Cream Cheese	1, 1	Biscuit w/Jelly	1, 1
Applesauce	½ c	Mixed Fruit	½ c	Tropical Mixed Fruit	½ c	Mixed Fruit	½ c	Madarin Oranges	½ c
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
Beef Ravioli w/sauce	3/4c	Teriyaki Chicken	2 oz	Cheese Tortellini w/ sauce	¾ c	Pepper Steak	2 oz	Chicken Patty w/ mayo	¾ c
Carrot Coins	¼ c	Oriental Blend Vegetable	¼ c	Italian Vegetables	¼ c	Carrot Coins	¼ c	Roasted Potato	¼ c
Peaches	¼ c	Apple	¼ c	Pineapple	¼ c	Banana	½ ea	Tropical Mixed Fruit	¼ c
WG Hawaiian Rolls	¼ c	Eggroll	1 ea	WG Roll	1	Brown Rice	1 ea	WG Burger Bun	1
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c
WG Vanilla Wafers	1	WG Strawberry Chex	1	WG Chex Mix	1	Cheese & WW Crackers	1 ea	WG Animal Crackers	1
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c