

# Monthly Family Newsletter

July 2020



## Meet The Educare Family!

Morgan is a Head Start Lead Teacher, working with 3-5 year olds and has been working at Educare for one year. She loves the color teal and fajitas. Her favorite hobby is being outside where she loves going for hikes, bike rides and kayaking! Morgan also enjoys playing the ukulele and learning new songs!

"The best thing about working for Educare is the focus on family engagement. As a teacher, I love that a big part of my job is building relationships not only with my students, but their families as a whole."

## From our Executive Director

JA'NEL JAMERSON

We look forward to welcoming you back on August 3rd! Although much has changed since we were last together, our commitment to our children, families, and staff has not wavered. As you prepare to return to the Educare Flint community, be assured that we are taking all necessary precautions to keep you, your child, and our staff safe. If you have any questions, don't hesitate to contact any member of our team.

With the first official day back in session coming up, please make sure that our kiddos come prepared with any items they may need. We are all so excited to be together again. We can't wait to see your bright, smiling faces!

## Virtual Parent Orientation

A virtual parent orientation will be coming at the end of July. Please stay tuned as your child's classroom teacher or family engagement advocate will have more information soon.

## Virtual Learning

To help facilitate virtual learning activities, we will be using a free app called Ready Rosie. Parents, you will be getting more information on how to use this app through your classroom teacher. These activities are directly linked with your child's curriculum.



## TIPS TO BUILD EMOTIONAL RESILIENCE IN KIDS



EDUCARE FLINT

1000 Gladwyn, Flint, MI 48504 | 810-591-KIDS | [www.educareflint.org](http://www.educareflint.org)

©2020 Educare Flint. All rights reserved.



## Mark Your Calendars:



### Important Dates

- August 3rd: First Day Back with Students

## From our Family Engagement Coordinator

JENNY HALL

Thank you for working so hard the last couple of months to partner with the Educare Flint staff. As Family Engagement Advocates we hope the newsletter and resources sent through remind and by text message have been a help to you and your families. While you have this time off from school with your children, please remember that your kiddos will need current health documents as we approach the new year. If you have any expired or missing physicals and dentals, now would be a great time to start collecting those documents, Please stay safe and healthy and enjoy the beautiful weather.

## From our School Director

JODI RAMOS

During these trying and stressful times, it is important for us all, child and adult, to be in touch with our emotions so we can learn how to mitigate the stress that may be experiences. Here's some information on the importance of labeling emotions from RULER at the Yale Center for Emotional Intelligence:

1. When we attach a word to a feeling it can be compared to feelings we have and other feelings others have.
2. When we have the right words to describe how we feel, we can tell the world what's going on and how they can lean in.
3. When others can find the right words to describe how they feel, we are in a better place to support them.
4. It connects us to the world by giving us a story to tell.

## Don't Forget to Check Resources Via The Remind App

Get weekly reminders of resources



remind



**THANK YOU FOR ALLOWING US TO BE A PART OF YOUR FAMILY!**

Check the monitor in the atrium for any changes and all upcoming important dates and events.