# Monthly Family Newsletter

# August 2020

We will open in August for limited face to face instruction. I Preschool Room and I Early Head Start Room. All other students will be offered a more rigorous virtual learning option. They will be contacted by their classroom staff and/or FEA with more information. Both options are running August 3-August 21.

# School Arrival Process

Since this school year will be looking a lot different, there are a few changes we have made for picking up and dropping off.

- There will be 3 student entrances labeled on the outside.
- You will receive information on which entrance from your classroom or FEA staff, including specific drop off and pick up times.
- The parking lot will be divided into entrance areas, so please look for signs.
- We will **not** have visitors inside of the building, including parents and family members.
- You will need to fill out a health check survey for your child everyday, and upon drop off will show this on your phone.
- · We will be also be taking temperatures upon arrival.

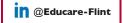


Scan this QR code to complete the health check survey each morning.











# Meet The Educare Family!

Mary Pritchett is an Associate Teacher, working with 0-3 year olds and has been working at Educare for 5 years. Her favorite classroom activity is singing, arts and crafts. Her favorite colors are blue, silver and white, and she loves dogs. You can find her eating soul food, southern food, Mexican, Italian and Chinese foods, Her favorite book is the Bible, she enjoys shopping and cooking and if she had a superpower it would consist of her power of the Lord. She can't live without Pandora, Google, and

"The best thing(s) about working at Educare (are) coworkers and location, positive work environment, children and their families."

# From our Executive Director

JA'NEL JAMERSON

As a network of schools, we are committed to ensuring that all children, particularly our youngest learners, have the opportunity to thrive. Recent events that have arisen in response to the deeply-rooted issues of historical trauma, institutional racism, race-related inequities, and police brutality require us—as a school and as a system—to reexamine and reaffirm our commitment to Black children and families, who make up more than 90% of our school community.

We join the Educare Learning Network and our local partners in our commitment to strengthening our work of developing an anti-racist culture in our schools. However, we don't have all the answers. Therefore, we will be working not only to listen to our staff and families, but to collaborate with you in dismantling racist systems and rebuilding them better, with a focus on equity and inclusion.

We will not compromise in our mission of ensuring that all of our children thrive. Therefore, we refuse to tolerate explicit or implied practices and policies that negatively impact the ability of Black staff and families to prosper long-term. In honor and memory of all those who have carried the inter-generational burden of racial injustice and systemic anti-Black sentiment: We see you. We hear you. We stand with you.



# Mark Your Calendars:



## **Important Dates**

- August 22nd September 9th: Building shutdown for deep cleaning & professional development
- August 31st: No School Professional Development
- September 7th: Labor Day No School

# From our Family Engagement Coordinator

JENNY HALL

Educare Families, as we are preparing to return to school in the fall it is important that you begin collecting your required documents. These documents include; physicals, dental exams, proof of residency and proof of work and or going to school. Family Engagement Advocates will be contacting you soon to complete your reenrollments and/or new enrollments for your children who are transitioning into the Head Start program. We hope you are enjoying the hot weather and staying safe and healthy.

# From our School Director

JODI RAMOS

Conscious Discipline empowers us to be conscious of brain-body states in ourselves and children. It then provides us with the practical skills we need to manage our thoughts, feeling and actions.

With this ability to self-regulate, we are then able to teach children to do the same. By doing this, we help children who are physically aggressive (survival state) or verbally aggressive (emotional state) become more integrated so they can learn and use problem-solving skills (executive state). When we understand the brain state model, we can clearly see the importance of building our homes, schools and businesses on the core principles of safety, connection and problem-solving.



#### **Survival State**

#### BRAIN STEM

The Survival State represents the primal brain and asks the question, "Am I safe?" The only way to soothe the Survival State is through the creation of Safety.



#### **Emotional State**

#### LIMBIC SYSTEM

This Brain State represents mid-level functionality and asks the question, "Am I loved?" The only way to soothe an upset emotional state is through Connection.



### **Executive State**

#### PREFRONTAL LOBES

The Executive State represents the optimal state for problem-solving and learning. This Brain State asks the question. "What can I learn from this?"