

Monthly Family Newsletter

October 2020

Educare Family,

We would like to remind you about Car Seat Safety.

Why should parents learn about car seat safety?

Motor vehicle crashes are the leading cause of preventable death for all young people. Appropriate car safety is one of the most important things parents can do to keep their child safe. At each stage, kids are at risk in different ways and require different safety considerations.

Types of Car Seats at a Glance:

This chart is a quick guide on where to start your search. It's important to continue your research to learn about each seat you use.

Age Group

Infants and Toddlers	*Rear-facing-only *Rear-facing-convertible	All infants and toddlers should ride in a rear-facing seat until they reach the highest weight or height allowed by their car safety seat manufacturer. Most convertible seats have limits that will allow children to ride rear facing for 2 years or more.
Toddlers and preschoolers	*Forward-facing convertible *Forward-facing with harness	Children who have outgrown the rear-facing weight or height limit for their convertible seat should use a forward-facing seat with a harness for as long as possible, up to the highest weight or height allowed by their car safety seat manufacturer. Many seats can accommodate children up to 65 pounds or more.
School-aged children	*Booster Seat	All children whose weight or height exceeds the forward-facing limit for their car safety seat should use a belt-positioning booster seat until the vehicle seat belt fits properly, typically when they have reached 4ft'9 in height and are 8-12 years of age. All children younger than 13 years should ride in the back seat.
Older Children	*Seat belts	When children are old enough and large enough for the vehicle seat belt to fit them correctly, they should always use lap and shoulder seat belts for the best protection. All children younger than 13 years should ride in the back seat.

For more information on car seat installation information, please visit:

<https://tinyurl.com/z8v3txc>



Meet The Educare Family!

Faith Tate is a Lead Teacher, working with 3 and 4 year olds. Her focus is Reading and ESOL endorsements. Faith has been working at Educare since December of 2017. She loves the color purple and Mexican food and both cats and dogs. Someday, she'll have a farm with a baby goat, too! Her hidden talent is writing children's books and her hobby is walking. Her favorite books are The Kissing Hand and the Snowy Day.

"My coworkers are the best thing about working at Educare!! We are one big family!!"

From our Executive Director

J'ANET JAMERSON

The Head Start and Early Head Start Parent Policy Council are looking for 2020-2021 Parent Members! We need parents who can commit to:

- Provide leadership to build our Early Head Start and Head start Programs
- Meeting once a month through Zoom
- Service as an elected Chairperson, Vice Chairperson or Secretary
- Vote on reports, financials, grants, etc.
- Help interview and select new Head Start Personnel
- Participate in the Head Start Self- Assessment
- Serve as a member of the Health Advisory Board & Much more!

Please see your Family Engagement Specialist for more information.

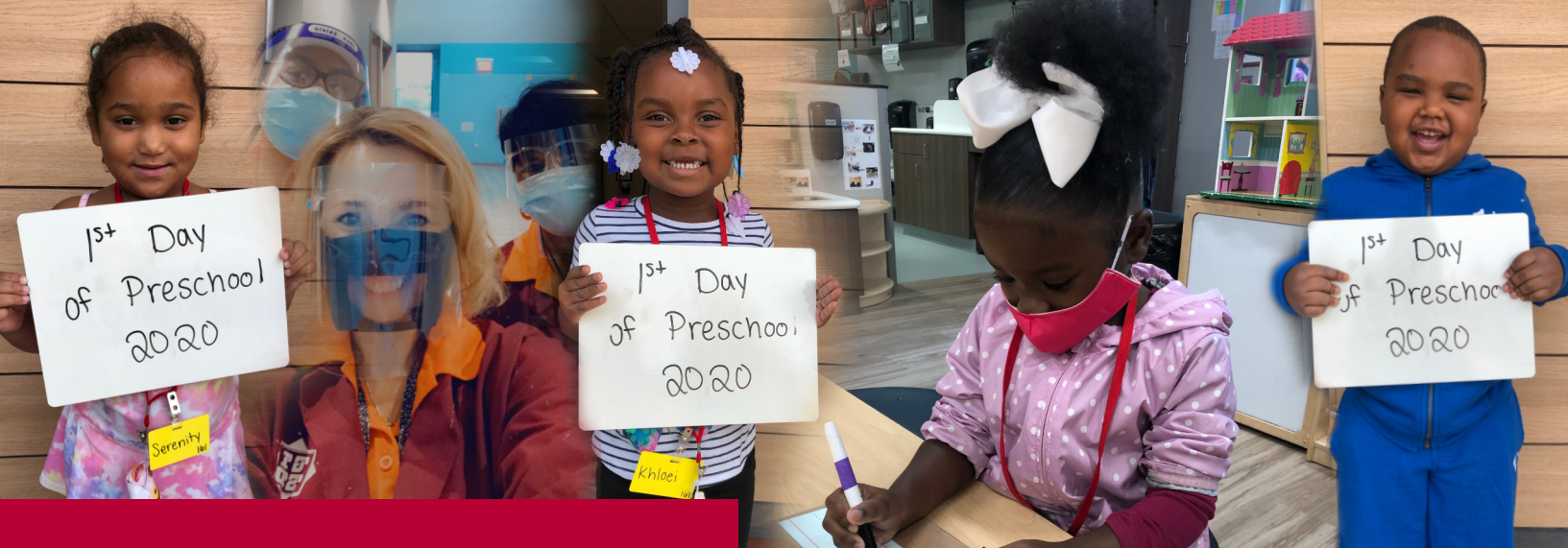


Scan this QR code to complete the health check survey each morning.

EDUCARE FLINT

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Mark Your Calendars: Important Dates



- Oct 31st - HAPPY HALLOWEEN!

From our Family Engagement Coordinator

JENNY HALL

Nurturing Fathers & Dad's Cafes! We have a free 6 week program for any male actively involved with raising kids in Genesee County. This program is for men who want to explore parenting through a father's perspective. This program helps men strengthen their fathering skills to build nurturing relationships with their own children or any child under their care. Fathers will also talk about ways to effectively co-parent with their child's mother. Be the Father that YOU choose to be for your children. For more information or questions, please contact Mike Kildee at **810-591-4992** or Autumn Bagley at **810-591-5126**.



To see the session options and registration information, please visit <https://bit.ly/3g6APHU>

From our School Director

JODI RAMOS

Parents, it is important to recognize feelings, particularly when children cry. When children cry, they reveal their emotions. It is very important for a child to experience all the emotions he/she feels, in order to learn how to cope with them later, especially when they become more intense in puberty.

You May Say:

- I am here for you
- I am listening to you
- This is difficult for you
- It is ok to feel sad
- Would you like to share it with me?
- It is ok if you would like to be alone
- I'm here for a hug
- Sometimes I also feel sad
- You are safe
- I love you

Little children do not have the ability to process emotional situations and therefore they need patience, understanding, safety and guidance.



THANK YOU FOR ALLOWING US TO BE A PART OF YOUR FAMILY!