

Monday		Tuesday		Wednesday		Thursday		Friday	
10/19/2020		10/20/2020		10/21/2020		10/22/2020		10/23/2020	
WG Cinnamon Chex	½ c	WG Kix	½ c	WG Cinnamon Toast Crunch	½ c	WG Cherrios	½ c		
Applesauce	½ c	Fresh Orange	1 ea	Apple Slices	½ c	Bananas	1 ea		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
Chicken Fried Rice	3/4c	Chicken Fajita w/Peppers, Onions	2 oz	Beef Ravioli w/Marinara	4 ea	Barbecue Chicken	2 oz		
W/Mixed Vegetables	½ c	Fiesta Corn	½ c	Green Beans	½ c	Collard Greens	½ c		
Peaches	½ c	Pears	½ c	Pineapple	½ c	Mixed Fruit	½ c		
WG Vegetable Egg Roll	1	WG Tortilla	1	WG Roll	1 ea	WG Corn Muffin	1		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
WG Graham Crackers	1	WG Goldfish	1	Cheese & WG Crackers	1	WG Cheddar Chex	1 ea		
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c		
10/26/2020		10/27/2020		10/28/2020		10/29/2020		10/30/2020	
WG Cinnamon Chex	½ c	WG Kix	½ c	WG Cinnamon Toast Crunch	½ c	WG Cherrios	½ c		
Applesauce	½ c	Fresh Orange	1 ea	Apple Slices	½ c	Bananas	1 ea		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
Ground Turkey Chili	3/4c	Macaroni-n-Cheese	3/4c	Turkey Breast w/Gravy	2 oz	WG French Toast Sticks	2 ea		
Corn	½ c	Green Beans	½ c	Sweet Tater Tots	½ c	Turkey Sausage Links	2 oz		
Peaches	½ c	Mixed Fruit	½ c	Pineapple	½ c	Seasoned Potatoes	½ c		
WG Crackers	2 ea	WG Corn Muffin	1 ea	WG Roll	1	Mandarin Oranges	½ c		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
WG Cheezits	21g	WG Tortilla Chips/Salsa	3 oz	WG Animal Crackers	31 g	WG Graham Squares	1		
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c		
11/2/2020		11/3/2020		11/4/2020		11/5/2020		11/6/2020	
WG Cinnamon Chex	½ c	WG Kix	½ c	WG Cinnamon Toast Crunch	½ c	WG Cherrios	½ c		
Applesauce	½ c	Fresh Orange	1 ea	Apple Slices	½ c	Bananas	1 ea		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
Meatballs w/Beef Gravy	4 ea	Chicken Stew	3/4c	Lasagna Roll w/Marinara	¾ c	Pepper Steak	2 oz		
Green Beans w/Potatoes	½ c	Seasoned Potatoes	½ c	Peas and Carrots	½ c	Carrot Coins	½ c		
Peaches	½ c	Pears	½ c	Pineapple	½ c	Mandarin Oranges	½ c		
WG Roll	1	WG Biscuit	1 ea	WG Roll	1	WG Brown Rice	1/4c		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
WG Graham Crackers	1	WG Goldfish	1	Cheese & WG Crackers	1	WG Cheddar Chex	1 ea		
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c		
11/9/2020		11/10/2020		11/11/2020		11/12/2020		11/13/2020	
WG Cinnamon Chex	½ c	WG Kix	½ c	WG Cinnamon Toast Crunch	½ c	WG Cherrios	½ c		
Applesauce	½ c	Fresh Orange	1 ea	Apple Slices	½ c	Bananas	1 ea		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
Salisbury Steak w/Beef Gravy	2 oz	Turkey & Bean Taco Meat	2 oz	Chicken Nuggets	4 ea	Beef Sliders	2 ea		
Mashed Potatoes	½ c	Corn w/Peppers	½ c	Broccoli w/Cheese	½ c	Baked Beans	½ c		
Peaches	½ c	Pears	½ c	Mandarin Oranges	½ c	Mixed Fruit	½ c		
WG Roll	1	WG Tortilla	1	WG Rolls	1	WG Slider Bun	1		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
WG Cheezits	21g	WG Tortilla Chips/Salsa	3 oz	WG Animal Crackers	31 g	WG Graham Squares	1		
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c		
11/16/2020		11/17/2020		11/18/2020		11/19/2020		11/20/2020	
WG Cinnamon Chex	½ c	WG Kix	½ c	WG Cinnamon Toast Crunch	½ c	WG Cherrios	½ c		
Applesauce	½ c	Fresh Orange	1 ea	Apple Slices	½ c	Bananas	1 ea		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
Chicken Fried Rice	3/4c	Chicken Fajita w/Peppers, Onions	2 oz	Beef Ravioli w/Marinara	4 ea	Barbecue Chicken	2 oz		
W/Mixed Vegetables	½ c	Fiesta Corn	½ c	Green Beans	½ c	Collard Greens	½ c		
Peaches	½ c	Pears	½ c	Pineapple	½ c	Mixed Fruit	½ c		
WG Vegetable Egg Roll	1	WG Tortilla	1	WG Roll	1 ea	WG Corn Muffin	1		
Milk	¾ c	Milk	¾ c	Milk	¾ c	Milk	¾ c		
WG Graham Crackers	1	WG Goldfish	1	Cheese & WG Crackers	1	WG Cheddar Chex	1 ea		
Milk	½ c	Milk	½ c	Milk	½ c	Milk	½ c		

10/19/2020	10/20/2020	10/21/2020	10/22/2020	10/23/2020
10/26/2020	10/27/2020	10/28/2020	10/29/2020	10/30/2020
11/2/2020	11/3/2020	11/4/2020	11/5/2020	10/2/2020
10/5/2020	10/6/2020	10/7/2020	10/8/2020	10/9/2020
10/12/2020	10/13/2020	10/14/2020	10/15/2020	10/16/2020