

# Monthly Family Newsletter

November 2020



## Meet The Educare Family!

Renee is a Lead Teacher working with infants and toddlers and has been working at Educare for almost three years, since the day the doors opened. She loves dogs, tacos, the color burgundy, and deep reds as well as taking photos of her family and flowers/bees.

“What really makes me love Educare is the way it involves the whole community. Some schools are solely focused on the child. Some are only focused on the parent. The Educare network sees the child as more than just a single individual. They see the child as she fits into her family. They see the child as he fits into his community. They take the whole of the child; the child, its family, and its community, and Educare weaves them into one big partnership. The saying ‘it takes a village’ is shown throughout the Educare Network.”

## From Our Executive Director

JA'NEL JAMERSON

As winter is approaching, we want to make sure all Educare children are dressed warmly. Whether winter brings severe storms, light dustings, or just cold temperatures, here are some quick tips on how to keep your children safe and warm.

### What to Wear

Dress infants and children warmly for outdoor activities. Several thin layers will keep them dry and warm. Always remember warm boots, gloves or mittens, and a hat.

The rule of thumb for older babies and young children is to dress them in one more layer of clothing than an adult would wear in the same conditions.

When riding in the car, babies and children should wear thin, snug layers rather than thick, bulky coats or snowsuits.

Blankets, quilts, pillows, bumpers, sheepskins, and other loose bedding should be kept out of an infant's sleeping environment because they are associated with suffocation deaths. It is better to use sleep clothing like one-piece sleepers or wearable blankets.

If a blanket must be used to keep a sleeping infant warm, it should be thin and tucked under the crib mattress, reaching only as far as the baby's chest, so the infant's face is less likely to become covered by bedding materials.

## Being Thankful in Light of Thanksgiving and Native American History Month!

November is Native American History Month. This month is a time to celebrate the rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people. It's also an opportunity to highlight the important contributions of Native peoples and the shared histories between tribal nations and other communities.

Native Americans are grateful for all that nature provides, and many of us celebrate the Thanksgiving holiday in our own ways. Moreover, we give thanks every day as we greet the morning star in the eastern sky giving thanks to the Creator, our families, our ancestors, and our survival.

We wish you and your families a happy holiday and hope you can join in gratitude for the bounty the living earth provides us. In that spirit, let us share with you the words of “Thanksgiving”, and may it truly be a Thanksgiving for all.



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## Mark Your Calendars: Important Dates



- NO SCHOOL 11/26 & 11/27

## From Our Family Engagement Coordinator

JENNY HALL

The Salvation Army has a Supplemental Food Assistance Program. Please apply prior to distribution day to receive supplemental food assistance. Applications Days are Monday, Wednesday, Thursday & Friday from 9:00 a.m. - 3:00 p.m, and Tuesdays from 1:00 p.m. - 3:00 p.m. Needed to apply is a current Photo ID. The cost is free. Distribution day is Tuesdays from 10:00 a.m. - Noon (or until the food supply is gone) at The Salvation Army-Flint Beecher Corps 1475 W. Coldwater Road Flint, MI 48505, 810-789-4003. Also available - Flint Beecher Kids Cafe. During the school year (September through May) The Salvation Army offers a hot meal for children ages 18 and under. This meal is completely free of charge and is available Tuesday through Friday from 4 to 5:45 p.m. Flint Beecher Diaper Distribution is also available. In addition to providing boxes of non-perishable food items to those in need, The Salvation Army also distributes diapers to families with small children. The diapers are made available 4 days a week and an appointment is required.

## From Our School Director

JODI RAMOS

Encourage **#SEL** during downtime with your kids. It's a great way to promote social-emotional development while building your relationship!

While reading or watching television, ask your child:

- What might this character be thinking?
- What do you think the character is feeling?
- What do you think the character is feeling?
- It is ok to feel sad
- Would you like to share it with me?
- It is ok if you would like to be alone
- I'm here for a hug
- Sometimes I also feel sad
- You are safe
- I love you

... to promote self-awareness, social awareness & responsible decision-making!



Scan this QR code to complete the health check survey each morning.



**THANK YOU FOR ALLOWING US TO BE A PART OF YOUR FAMILY!**