

# Monthly Family Newsletter

September 2021



## Happy Hispanic Heritage Month!

Hispanic Heritage Month is a time for celebrating the culture, art, history, heritage, and achievements of Hispanic and Latinx people. Do you know why Hispanic Heritage Month is celebrated between September 15 and October 15? Well, the celebrating of Hispanic Heritage Month usually starts on September 15, which is the anniversary of independence for five countries: Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. Mexico celebrates its independence on September 16th, while Chile celebrates its independence on September 18th. Carrying into October because October 12 is known as "El Dia de la Raza," or "The Day of the Race". National Hispanic Heritage Month is celebrated in the United States, Canada, and Latin America. Celebrating Hispanic Heritage Month can be done with several activities! Many people will attend festivals, concerts, film screenings, and exhibits.

So, try ending your days this month by cozying up in bed with a good book by a Latinx author. Or listen to a classic salsa song, maybe even try to learn a Latin dance. Support a Hispanic or Latinx owned business, maybe a restaurant where you could enjoy a classic Latin dish.

Many museums online are promoting the month with a virtual visit highlighting Hispanic and Latino culture. If anything maybe take some time from your day to learn a bit about Mexican Independence Day.



## Meet The Educare Family!

Noralba Joinville

Having been part of the Educare Flint family for over 2 years, Noralba says that the best part of being here is the children. "Working with the little babies is great. I would do anything for them" she proclaimed. Having grown up in Venezuela, Noralba has spent her whole adult life working in education. When not spending time in the classroom, she enjoys swimming and volleyball. The best part of working at Educare is the opportunity to attend many different trainings she explained.

## From Our Executive Director

JA'NEL JAMERSON

Welcome back, families! Last month we explored what you could do to help keep consistent routines for your young ones. Especially now with school starting back up, creating consistent routines is very important, but why? As adults, we most likely have daily routines that we don't even know. Stopping to get coffee at your favorite place, grabbing the same items before you leave the house, and more. Our children need this same structure. Building routines can be very beneficial. It can help with transitions, self-control, building social skills, and increase learning abilities.

Children thrive on consistency and there are many different ways you can work with your child to create routines during the school year. Having a set plan for daily tasks such as getting ready for school and bed, and consistent mealtimes can help promote independence in completing these routines. Families can also incorporate stability in the form of after school routines such as asking how the student's day was or setting aside some time for family bonding. Routines provide an opportunity to build self-confidence, curiosity, communications skills, and more.

**We can't wait to see you all!**

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EDUCARE FLINT

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## Mark Your Calendars:



### Important Dates

- **September 7:** First day of School
- **September 14:** Edushare Market order pick up

## From Our Family Engagement Coordinator

MIKE KILDEE

### Welcome Children and Families!

On behalf of the Family Engagement Team at Educare-Flint, I would like to welcome you to another fun and exciting year for children and families! We look forward to getting to know those who are new to our programs and continue to build relationships with those who are returning.

Throughout the year we will be providing opportunities for you to engage in your child's early learning experience. Because you are your child's first and most important teacher, our staff will work closely with you to provide the very best early childhood experience for your child.

Please feel free to contact the Family Engagement Team at your child's center if you have any questions, concerns, ideas or you just need someone to listen to you when you need help. We are here to lend support when needed so please do not hesitate to call.

Educare-Flint

- Crystal Garcia-Pitts, Family Engagement Advocate - 810-600-5438
- Leanne Hobson, Family Engagement Advocate - 810-600-5445
- Mariah Randle, Family Engagement Advocate - 810-600-5451
- Morgan Russ, Family Engagement Advocate - 810- 600-5436

## From Our School Director

JODI RAMOS

Social and emotional learning (SEL) is an essential component of both education and human development. SEL is the process by which all young people and adults acquire and apply the knowledge, skills, and attitudes necessary to develop healthy identities, manage emotions and achieve personal and collective goals, feel and demonstrate empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions. SEL promotes educational achievement by establishing learning environments and experiences that include trusting and collaborative relationships, with a robust and meaningful curriculum and instruction, and ongoing evaluation. Continuing similar patterns

Research confirms and teachers, parents, and principals agree: Social and emotional competencies can be taught, modeled, and practiced and lead to positive student outcomes that are important for success in school and in life.

### Benefits of Social Emotional Learning:

- Improvement in social and emotional skills, attitudes, relationships, academic performance, and perceptions of classroom and school climate
- Decline in anxiety, behavior problems, and substance abuse
- Long-term improvements in skills, attitudes, prosocial behavior, and academic performance
- Wise financial investment according to cost-benefit research

Scan this QR code to complete the health check survey each morning.



**THANK YOU FOR ALLOWING US TO BE A PART OF YOUR FAMILY!**