

Maternal Infant Health Program (MIHP)

Information for pregnant families and parents of infants

What is the MIHP?

MIHP is a Home Visiting program for pregnant woman and infants with Medicaid Insurance. MIHP supports healthy pregnancies and healthy babies.

What are the benefits of MIHP?

- Babies born to moms in MIHP are healthier
- Families in MIHP learn how their babies are growing
- Moms get help with breastfeeding

How does MIHP help pregnant mothers and their babies?

Pregnant women in MIHP will get help with access to transportation, WIC, and childbirth or parent education classes. Women will also get home visits from a health care professional (like a nurse or a social worker).



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The health care professional will:

- Help with prenatal care
- Answer questions about being pregnant and labor and delivery
- Answer questions about caring for your baby
- Help with getting food or a place to live
- Help you learn about buying, fixing and eating healthy foods
- Help with health problems that could affect your pregnancy, like diabetes, asthma, high blood pressure, depression or anxiety
- Help with changes that you decide to make to be healthy, such as quitting or cutting down on smoking, alcohol or drugs
- Help if you are concerned about abuse or violence in your life
- Answer questions about family planning (birth control)
- Connect you with community services, like childbirth education classes, baby pantries that give out baby items for free, the WIC food program, or heat and electricity

